## **Wellness Advisory Committee**

## Wednesday, February 12, 2025

## 3:30 pm Milford High School Library

## Agenda

- 1. Meeting minutes approval; June 10, 2024, December 12, 2025
- 2. Milford School District
  - Confirming the next meeting, March 13, 2025
- 3. Team Building Reports HP, JAC, Bales, MMS, MHS
- 4. Catch My Breath update (HP?)
- 5. Amherst Chiropractic update Jason
- 6. Staff Mental health suggestions
- 7. June EOY Activities